



Feng He ORCID iD: 0000-0002-7034-4285

Coronavirus Disease 2019 (COVID-19): What we know?

Feng He¹ Yu Deng¹ Weina Li²

1 Department of Thoracic Surgery, Tongji Hospital, Tongji Medical College, Huazhong University of Science and Technology, Wuhan, China

2 Department and Institute of Infectious Disease, Tongji Hospital, Tongji Medical College, Huazhong University of Science and Technology, Wuhan, China

Corresponding Author: Weina Li, Department and Institute of Infectious Disease, Tongji Hospital, Tongji Medical College, Huazhong University of Science and Technology, Wuhan, China. Telephone: +86-027-83662688; Email: weina_li@live.cn

Shortened Title: COVID-19: What we know?

Abstract

In late December 2019, a cluster of unexplained pneumonia cases has been reported in Wuhan, China. A few days later, the causative agent of this mysterious pneumonia was identified as a novel coronavirus. This causative virus has been temporarily named as severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) and the relevant infected disease has been named as coronavirus disease 2019 (COVID-19) by the World Health Organization respectively. The

This article has been accepted for publication and undergone full peer review but has not been through the copyediting, typesetting, pagination and proofreading process, which may lead to differences between this version and the Version of Record. Please cite this article as doi: 10.1002/jmv.25766.

This article is protected by copyright. All rights reserved.

Accepted Article

COVID-19 epidemic is spreading in China and all over the world now. The purpose of this review is primarily to review the pathogen, clinical features, diagnosis, and treatment of COVID-19, but also to comment briefly on the epidemiology and pathology based on the current evidences.

KeyWords: SARS-CoV-2; COVID-19; coronavirus

Conflict of interest

The authors disclose no conflicts of interest.

Introduction

In late December 2019, an outbreak of an unknown disease called pneumonia of unknown cause occurred in Wuhan, Hubei Province, China¹. The outbreak has spread substantial to infect 9720 people in China with 213 deaths and to infect 106 people in 19 other countries up to January 31, 2020

(<https://www.who.int/docs/default-source/coronaviruse/situation-reports/20200131-sitrep-11-ncov.pdf>). A few days later, the causative agent of this mysterious pneumonia was identified as a novel coronavirus by several independent laboratories²⁻⁴. The causative virus has been temporarily named as severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) and the relevant infected disease has been named as coronavirus disease 2019 (COVID-19) by the World Health Organization respectively. According to the daily report of the World Health Organization, the epidemic of SARS-CoV-2 so far registered 78630 cases and 2747 deaths in China, spread to 46 other countries that reported a total of 3664 cases by February 27, 2020

(<https://www.who.int/docs/default-source/coronaviruse/situation-reports/20200227-sitrep-38-covid-19.pdf>). COVID-19 epidemic has become a global health threat.

This article is protected by copyright. All rights reserved.

Coronaviruses are a group of highly diverse, enveloped, positive-sense, single-stranded RNA viruses⁵. They cause several diseases involving respiratory, enteric, hepatic and neurological systems with vary severity among humans and animals^{5,6}. Human coronavirus (CoV) infections have traditionally caused a low percentage of annual respiratory infections. There are HCoV-OC43, HCoV-229E, HCoV-NL63 and HCoV-HKU1, which cause mild respiratory illness^{5,7}. Over the past two decades, two novel coronaviruses, severe acute respiratory syndrome CoV (SARS-CoV) and Middle East respiratory syndrome CoV (MERS-CoV), have emerged and cause severe human diseases^{8,9}. During the epidemic, SARS-CoV infect more than 8000 people worldwide with nearly 800 fatalities, representing its mortality rate around 10%. Whereas MERS-CoV infected over 857 official cases and 334 deaths, making its mortality rate approximately 35%¹⁰⁻¹². So far, SARS-CoV-2 is the seventh member of the family of coronaviruses that infects humans. The main symptoms of COVID-19 included fever, fatigue, and cough, which are similar to that of SARS-CoV and MERS-CoV infected cases. There are some overlapping and discrete aspects of the pathology and pathogenesis of these coronaviruses which cause severe diseases in humans¹³.

Many literatures reported the clinical features, virology, pathology and radiology of COVID-19, but the comprehensive review is few. The purpose of this review is primarily to review the pathogen, clinical features, diagnosis, and treatment of COVID-19, but also to comment briefly on the epidemiology and pathology based on the current evidences.

The pathogen

The pathogen that causes COVID-19 is a novel coronavirus that was first identified in the late January 2020, named SARS-CoV-2 (also known as 2019-nCoV)²⁻⁴.

SARS-CoV-2 is a novel member of coronaviruses, which are a large group of highly diverse, enveloped, positive-sense, single-stranded RNA viruses⁵. Recent research reported that SARS-CoV-2 likely originated in bats, based on the similarity of its genetic sequence to that of other coronaviruses¹⁴. The intermediate animal host of SARS-CoV-2 between a probable bat reservoir and humans is still unknown¹⁵. Although this novel coronavirus has genetic features that are compatible with the family of coronavirus, nevertheless it has distinct gene sequences that are significantly different from previously sequenced coronaviruses (Table 1). The analysis of samples from seven SARS-CoV-2 infected patients suggested that SARS-CoV-2 shares 79.5% sequence identity to SARS-CoV³. Simplot analysis showed that SARS-CoV-2 share 96.2% overall genome sequence identity to RaTG13, which is a short RdRp region from a bat coronavirus³. Phylogenetic analysis revealed that SARS-CoV-2 falls into the subgenus Sarbecovirus of the genus Betacoronavirus and is distinct from SARS-CoV^{2,4}.

The envelope spike (S) protein is important for coronavirus¹⁶. The S protein mediates receptor binding and membrane fusion and is crucial for determining host tropism and transmission capacity¹⁷⁻¹⁹. Generally, the S protein is functionally divided into the S1 domain, responsible for receptor binding, and S2 domain, responsible for cell membrane fusion²⁰. Structure analysis suggested that receptor-binding domain was composed of a core and an external subdomain¹⁶. Angiotensin converting enzyme II (ACE2) was known as cell receptor for SARS-CoV²¹⁻²³. Similar to SARS-CoV, SARS-CoV-2 also use ACE2 as an entry

receptor in the ACE2-expressing cells³, indicating SARS-CoV-2 may share the same life cycle with SARS-CoV (Figure 1).

The biophysical and structural analysis indicated that S protein of SARS-CoV-2 binds ACE2 with approximately 10- to 20- fold higher affinity than S protein of SARS-CoV²⁴. The high affinity of S protein for human ACE2 may facilitate the spread of SARS-CoV-2 in human populations. Meanwhile, SARS-CoV-2 does not use other coronavirus receptors, such as aminopeptidase N and dipeptidyl peptidase 4 (DPP4) to enter cells³.

Epidemiology

Briefly, cases tend to be in clusters which arrive in waves, and develop into larger outbreaks all over the world. The first documented outbreak occurred primarily in Wuhan, China¹. According to the daily report of the World Health Organization, the epidemic of SARS-CoV-2 so far registered 78630 cases and 2747 deaths in China, spread to 46 other countries that reported a total of 3664 cases by February 27th, 2020.

There are evidences suggest that transmission mode is human to human^{25,26}. The major route of transmission of COVID-19 is droplet and close contact²⁶. Whether infection can occur through the oral or conjunctival routes is unknown, but SARS-CoV-2 has been detected in tears²⁷, which is resemble to SARS-CoV²⁸. Reproductive number (R0) was estimated by some studies. Based on the clinical data of patients in COVID-19 early outbreak, the mean R0 was ranging from 2.20 to 3.58, meaning that each patient has been spreading infection to 2 or 3 other people^{25,29}. It is still too early to develop an accurate R0 estimate or to assess the dynamics of transmission. More research is needed in the future.

The mean incubation period is about 5 days, ranging from 1-14 days and 95% of patients are likely to experience symptoms within 12.5 days of contact^{25,30}. These data suggest a 14-day medical observation period or quarantine for exposed and close contact persons. However, an asymptomatic carrier was reported and the incubation period was 19 days, suggesting the complicated challenge to contain the outbreak³¹.

Clinical features

Most case patients were 30-79 years of age³². The median age is ranging from 49 to 59 years^{25,26,33,34}. There were few cases in children below 15 years of age. More than half the patients were male. Nearly half the cases had one or more coexisting medical conditions, such as hypertension, diabetes and cardiovascular disease^{25,26,33,34}. A large cases study indicated that the case-fatality rate was elevated among those patients with coexisting medical conditions³².

The spectrum of clinical presentations of COVID-19 have been reported ranging from asymptomatic infection to severe respiratory failure^{25,26,30,32-34}. The main symptoms include a self-reported fever, fatigue, dry cough, myalgia, and dyspnea. The uncommon symptoms include sputum production, headache, hemoptysis and diarrhea^{25,26,30,32-34}. Although pneumonia is present in most SARS-CoV-2 infected patients, few cases complained of pleuritic chest pain^{26,33}.

According to the severity of symptoms, patients can be classified as mild, severe, and critical types³²(Table 2). Mild patients had nonpneumonia or mild pneumonia. Severe patients had several clinical findings, including dyspnea, respiratory frequency ≥ 30 /min, blood oxygen saturation $\leq 93\%$, partial pressure of arterial oxygen to fraction of inspired oxygen ratio < 300 , and/or lung infiltrates $>50\%$ within 24 to 48 hours. Critical patients had severe conditions, such as respiratory

failure, septic shock, and/or multiple organ dysfunction or failure³². If the disease progressed, the median duration period from illness onset to dyspnea was 8.0 days, and to mechanical ventilation was 10.5 days³⁴.

Common clinical laboratory findings include leucopenia and lymphopenia^{25,30,33,34}. Lymphopenia is a cardinal feature of COVID-19. Lactate dehydrogenase, and creatinine kinase are all elevated. Half of patients had abnormal liver function, with elevated alanine aminotransferase or aspartate aminotransferase. Most patients had abnormal myocardial zymogram, which showed the elevation of creatine kinase and lactate dehydrogenase. Most patients showed normal serum levels of procalcitonin, but the C-reactive protein was above the normal range. One third of patients had the elevation of D-dimer^{25,30,33,34}.

One study investigated the changes of several cytokines in serum in the COVID-19 patients³⁴. Initial plasma IL1B, IL1RA, IL7, IL8, IL9, IL10, basic FGF, GCSF, GMCSF, IFN γ , IP10, MCP1, MIP1A, MIP1B, PDGF, TNF α , and VEGF concentrations were higher in patients than in healthy adults. Plasma levels of IL5, IL12p70, IL15, Eotaxin, and RANTES were similar between patients and healthy adults. Further comparison between intensive care unit (ICU) and non-ICU patients showed that plasma concentrations of IL2, IL7, IL10, GCSF, IP10, MCP1, MIP1A, and TNF α were higher in ICU patients than non-ICU patients³⁴. These findings suggested that the initiation of the immune response result in the production of chemokines and cytokines, which damage normal host lung.

The radiologic manifestations of SARS-CoV-2 infected patients are diverse and progressing rapidly³⁵⁻³⁸. Two third of patients had at least two affected lobes, nearly half of patients had five affected lobes^{37,38}. The most common

manifestations are patchy ground glass opacities (GGO) and patchy consolidation which were mainly distributed in the middle and outer zone of the lung^{37,38} (Figure 2). A little fibrous stripe may appear if the condition was improved³⁷. One report suggested that there are four stages defined on CT scan³⁶. In early stage, GGO was the main radiological demonstration distributed in the lower lobes unilaterally or bilaterally. In progressive stage, diffuse and bilateral GGO and consolidation in more than two lobes became the main manifestation. In peak stage, the diffuse GGO and dense consolidation became more prevalent. In absorption stage, extensive GGO could be observed and the consolidation was gradually absorbed.

Pathology

The pathological findings of human SARS-CoV-2 infection have been limited due to the rare number of biopsies or autopsies. In a case reported by Xu et al. a 50-year old man died 14 days after admission due to respiratory failure and cardiac arrest³⁹. The primary finding of biopsy at autopsy was bilateral diffuse alveolar damage with cellular fibromyxoid exudates and interstitial mononuclear inflammatory infiltrates dominated by lymphocytes. Multinucleated syncytial cells with atypical enlarged pneumocytes characterized by large nuclei, amphophilic granular cytoplasm, and prominent nucleoli were identified in the intraalveolar spaces, showing viral cytopathic-like changes. No obvious intranuclear or intracytoplasmic viral inclusions were identified. These pathological features show great similarities to SARS-CoV and MERS-CoV infection⁴⁰⁻⁴². In addition, liver and heart were studied. There is moderate microvascular steatosis and mild lobular and portal activity in the liver tissue and a few interstitial mononuclear inflammatory infiltrates in the heart tissue.

Diagnosis

Although a good contact history, systemic symptoms, and radiographic changes of pneumonia make the diagnosis likely, the laboratory diagnosis is more reliable.

RT-PCR is routinely used to detect causative viruses from respiratory secretions^{43,44}. During COVID-19 transmission events, RT-PCR has served as the primary clinical laboratory diagnostic test^{25,26,30,33}. Success of these tests are very important to understand the viral kinetics and tissue tropism found in COVID-19 cases. Several specific and sensitive assays targeting RdRP, N, and E genes of the SARS-CoV-2 genome were designed to detect viral RNA in clinical specimens⁴⁴. Lower respiratory tract samples provide the higher viral loads⁴⁵. The sampling source or operation may affect RT-PCR testing results⁴³.

The positive rate of RT-PCR for throat swab samples was reported to be about 60% in early stage of COVID-19⁴⁶. These findings suggested that the result of RT-PCR should be interpret with caution. One study investigated the diagnostic value and consistency of chest CT compared with RT-PCR test in 1014 patients with suspected SARS-CoV-2 infection. The results suggest that the sensitivity of chest CT in suspected patients was 97% based on positive RT-PCR result and 75% based on negative RT-PCR results. These findings indicated that chest CT is a sensitive modality to detect SARS-CoV-2 infection.

During the COVID-19 epidemic in China, 10567 patients were diagnosed as clinical diagnosed cases. This designation is being used in Hubei Province, where is the worst affected area in China. In these cases, no RT-PCR test was performed but diagnosis was made based on typical symptoms, exposure history, and chest CT manifestations consistent with COVID-19 pneumonia. Under this criteria, 10567 cases were diagnosed and isolated. This strategy quarantined a large number of suspected people and protected the healthy people to the most extent.

This article is protected by copyright. All rights reserved.

Based on the experiences above, we strongly recommend that the criteria of clinical diagnosed cases based on the symptoms, exposure history and typical manifestations on chest CT imaging should be used in COVID-19 affected areas that are in shortage of RT-PCR testing kits to control the COVID-19 epidemic.

Treatment

Until the diagnosis is confirmed, SARS-CoV-2 infected patients are treated in single rooms^{25,30}. As SARS-CoV-2 is an emerging virus, an effective antiviral treatment has not been identified. The main treatment of COVID-19 is symptomatic treatment. The antiviral drugs, including oseltamivir, ribavirin, ganciclovir, lopinavir, and ritonavir have been used in attempts to reduce viral load and to prevent the likelihood of respiratory complications in several studies^{25,26,30,33,34}. Remdesivir was reported in the treatment of a patient with COVID-19 in the United States and got an effective result⁴⁷. However, the efficacy of these antiviral drugs for COVID-19 need to be verified by randomized, controlled clinical trials.

The antibiotics used generally covered common pathogens and some atypical pathogens. When secondary bacterial infection occurred, medication was administered according to the results of bacterial culture and drug sensitivity³³. Current evidence in patients with SARS and MERS suggests that receiving corticosteroids did not have a survival benefit, but rather delayed viral clearance⁴⁸⁻⁵⁰. Therefore, routine corticosteroids should be avoided unless they are indicated for other reason. Arbidol is used empirically in China because of its direct antiviral effect on SARS-CoV in cell culture⁵¹. Chinese herbal medicine formulae are used to prevent SARS-CoV-2 infection in 23 provinces in China⁵².

Noninvasive or mechanical ventilation should be considered in patients with hypoxia despite oxygen supplement and worsening shortness of breath. Extracorporeal membrane oxygenation (ECMO) is used as a last resort^{30,33,34}.

Prognosis

As of February 27, 2020, a total of 2747 deaths in China and 57 deaths outside of China have been reported. The number of laboratory-confirmed cases and deaths continues to rise. The current reported mortality for COVID-19 is approximately 3.41% compared with 10% for SARS and 35% for MERS^{10-12,53}. The mortality rate was higher than 3.41% in Iran and France, lower in Italy, Japan, Republic of Korea, and United States (Figure 3). Considering the quick spread of COVID-19, it is still too early to assess the mortality. All countries in the world should respond to the epidemic effectively. Approximately 20% to 25% SARS-CoV-2 infected patients developed ARDS and required ICU care^{30,33,34}. Current evidence indicated that older age and comorbidity may be risk factors for poor outcome³⁰.

Summary and outlook

This review summarizes the current findings of SARS-CoV-2 along with the treatment for this severe coronavirus infection. The most common symptoms were addressed. Due to the only biopsy report, the pathological findings associated with SARS-CoV-2 infection have been limited. Autopsy is warranted and valuable for future research.

The WHO issued a public health emergency of international concern on January 30, 2020. SARS-CoV-2 epidemic is becoming a global concern. At the moment there is no vaccine and no specific treatment for COVID-19. The best strategy to deal with SARS-CoV-2 epidemic includes controlling the sources of infection, protecting the susceptible people, and cutting off the transmission. The infected

This article is protected by copyright. All rights reserved.

patients should be identified early by rapid and robust detection technologies, provided with optimized treatment in isolation timely. The close contact people should be quarantined with follow-up. The healthy people should be aware of the severity of COVID-19 and take measures to protect themselves, such as staying at home, limiting social contacts, and wearing protective mask in public. The authorities should encourage people to stay at home; discourage mass gathering; postpone or cancel public events; and close public institutions. These control measures will help COVID-19 infected countries to prevent the epidemic effectively. Future research will focus on improving the accuracy of early diagnostic tests, developing the vaccine and identifying effective drugs. Therefore, elucidating the pathogenesis of SARS-CoV-2 infection is imperative for achieving such goals.

Figures

Figure 1 Schematic model of SARS-CoV-2 life cycle. S protein binds to the cellular receptor ACE2 to facilitate the entry of the virus. After the fusion of viral and plasma membranes, virus RNA undergoes replication and transcription. The proteins are synthesized. Viral proteins and new RNA genome are subsequently assembled in the ER and Golgi, followed by budding into the lumen of the ERGIC. New virions are released through vesicles. ACE2, angiotensin-converting enzyme 2; ER, endoplasmic reticulum; ERGIC, endoplasmic reticulum/Golgi intermediate compartment.

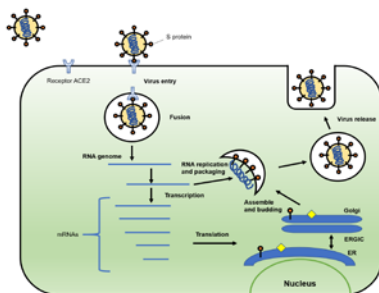
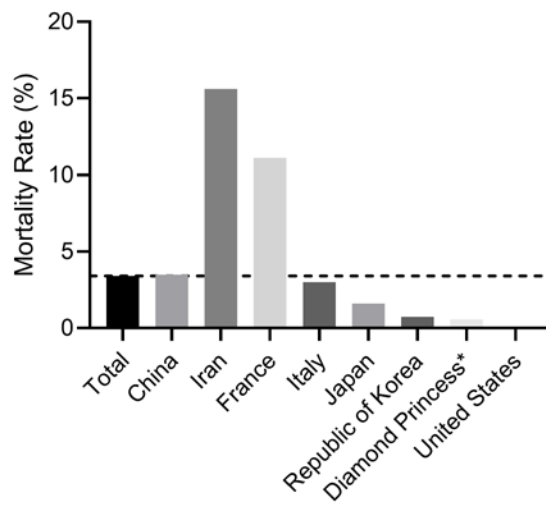


Figure 2 Chest CT Manifestations of COVID-19. (a) single GGO; (b) diffuse GGO; (c) consolidation; (c) both GGO and consolidation.



Figure 3 Mortality rates of different countries or regions, 27 February 2020.



*A cruise ship currently in Japanese territorial waters.

Acknowledgement

We thank all the doctors and nurses who fight the virus during the COVID-19 epidemic bravely.

Reference

1. Report of clustering pneumonia of unknown etiology in Wuhan City. *Wuhan Municipal Health Commission*. 2019:(<http://wjw.wuhan.gov.cn/front/web/showDetail/2019123108989>).
2. Lu R, Zhao X, Li J, et al. Genomic characterisation and epidemiology of 2019 novel coronavirus: implications for virus origins and receptor binding. *Lancet*. 2020;395(10224):565-574.
3. Zhou P, Yang XL, Wang XG, et al. A pneumonia outbreak associated with a new coronavirus of probable bat origin. *Nature*. 2020.
4. Zhu N, Zhang D, Wang W, et al. A Novel Coronavirus from Patients with Pneumonia in China, 2019. *N Engl J Med*. 2020;382(8):727-733.
5. Zumla A, Chan JF, Azhar EI, Hui DS, Yuen KY. Coronaviruses - drug discovery and therapeutic options. *Nat Rev Drug Discov*. 2016;15(5):327-347.
6. Chan JF, Lau SK, Woo PC. The emerging novel Middle East respiratory syndrome coronavirus: the "knowns" and "unknowns". *J Formos Med Assoc*. 2013;112(7):372-381.
7. Channappanavar R, Zhao J, Perlman S. T cell-mediated immune response to respiratory coronaviruses. *Immunol Res*. 2014;59(1-3):118-128.
8. Cheng VC, Lau SK, Woo PC, Yuen KY. Severe acute respiratory syndrome coronavirus as an agent of emerging and reemerging infection. *Clin Microbiol Rev*. 2007;20(4):660-694.
9. Chan JF, Lau SK, To KK, Cheng VC, Woo PC, Yuen KY. Middle East respiratory syndrome coronavirus: another zoonotic betacoronavirus causing SARS-like disease. *Clin Microbiol Rev*. 2015;28(2):465-522.
10. Gretebeck LM, Subbarao K. Animal models for SARS and MERS coronaviruses. *Curr Opin Virol*. 2015;13:123-129.
11. Galinski LE, Baric RS. Molecular pathology of emerging coronavirus infections. *J Pathol*. 2015;235(2):185-195.
12. Drosten C, Gunther S, Preiser W, et al. Identification of a novel coronavirus in patients with severe acute respiratory syndrome. *N Engl J Med*. 2003;348(20):1967-1976.

13. Liu J, Zheng X, Tong Q, et al. Overlapping and discrete aspects of the pathology and pathogenesis of the emerging human pathogenic coronaviruses SARS-CoV, MERS-CoV, and 2019-nCoV. *J Med Virol.* 2020.
14. Zhou P, Yang X-L, Wang X-G, et al. Discovery of a novel coronavirus associated with the recent pneumonia outbreak in humans and its potential bat origin. 2020:2020.2001.2022.914952.
15. Li X, Zai J, Zhao Q, et al. Evolutionary history, potential intermediate animal host, and cross-species analyses of SARS-CoV-2. *J Med Virol.* 2020.
16. Du L, He Y, Zhou Y, Liu S, Zheng BJ, Jiang S. The spike protein of SARS-CoV--a target for vaccine and therapeutic development. *Nat Rev Microbiol.* 2009;7(3):226-236.
17. Wang Q, Wong G, Lu G, Yan J, Gao GF. MERS-CoV spike protein: Targets for vaccines and therapeutics. *Antiviral Res.* 2016;133:165-177.
18. Lu G, Wang Q, Gao GF. Bat-to-human: spike features determining 'host jump' of coronaviruses SARS-CoV, MERS-CoV, and beyond. *Trends Microbiol.* 2015;23(8):468-478.
19. Li F. Structure, Function, and Evolution of Coronavirus Spike Proteins. *Annu Rev Virol.* 2016;3(1):237-261.
20. He Y, Zhou Y, Liu S, et al. Receptor-binding domain of SARS-CoV spike protein induces highly potent neutralizing antibodies: implication for developing subunit vaccine. *Biochem Biophys Res Commun.* 2004;324(2):773-781.
21. Oudit GY, Kassiri Z, Jiang C, et al. SARS-coronavirus modulation of myocardial ACE2 expression and inflammation in patients with SARS. *Eur J Clin Invest.* 2009;39(7):618-625.
22. Li W, Moore MJ, Vasilieva N, et al. Angiotensin-converting enzyme 2 is a functional receptor for the SARS coronavirus. *Nature.* 2003;426(6965):450-454.
23. Kuba K, Imai Y, Rao S, et al. A crucial role of angiotensin converting enzyme 2 (ACE2) in SARS coronavirus-induced lung injury. *Nat Med.* 2005;11(8):875-879.
24. Wrapp D, Wang N, Corbett KS, et al. Cryo-EM structure of the 2019-nCoV spike in the prefusion conformation. *Science.* 2020.
25. Li Q, Guan X, Wu P, et al. Early Transmission Dynamics in Wuhan, China, of Novel Coronavirus-Infected Pneumonia. *N Engl J Med.* 2020.

-
26. Chan JF, Yuan S, Kok KH, et al. A familial cluster of pneumonia associated with the 2019 novel coronavirus indicating person-to-person transmission: a study of a family cluster. *Lancet*. 2020;395(10223):514-523.
 27. Xia J, Tong J, Liu M, Shen Y, Guo D. Evaluation of coronavirus in tears and conjunctival secretions of patients with SARS-CoV-2 infection. *J Med Virol*. 2020.
 28. Loon SC, Teoh SC, Oon LL, et al. The severe acute respiratory syndrome coronavirus in tears. *Br J Ophthalmol*. 2004;88(7):861-863.
 29. Zhao S, Lin Q, Ran J, et al. Preliminary estimation of the basic reproduction number of novel coronavirus (2019-nCoV) in China, from 2019 to 2020: A data-driven analysis in the early phase of the outbreak. *Int J Infect Dis*. 2020;92:214-217.
 30. Wang D, Hu B, Hu C, et al. Clinical Characteristics of 138 Hospitalized Patients With 2019 Novel Coronavirus-Infected Pneumonia in Wuhan, China. *JAMA*. 2020.
 31. Bai Y, Yao L, Wei T, et al. Presumed Asymptomatic Carrier Transmission of COVID-19. *JAMA*. 2020.
 32. Wu Z, McGoogan JM. Characteristics of and Important Lessons From the Coronavirus Disease 2019 (COVID-19) Outbreak in China: Summary of a Report of 72314 Cases From the Chinese Center for Disease Control and Prevention. *JAMA*. 2020.
 33. Chen N, Zhou M, Dong X, et al. Epidemiological and clinical characteristics of 99 cases of 2019 novel coronavirus pneumonia in Wuhan, China: a descriptive study. *Lancet*. 2020;395(10223):507-513.
 34. Huang C, Wang Y, Li X, et al. Clinical features of patients infected with 2019 novel coronavirus in Wuhan, China. *Lancet*. 2020;395(10223):497-506.
 35. Ai T, Yang Z, Hou H, et al. Correlation of Chest CT and RT-PCR Testing in Coronavirus Disease 2019 (COVID-19) in China: A Report of 1014 Cases. *Radiology*. 2020:200642.
 36. Pan F, Ye T, Sun P, et al. Time Course of Lung Changes On Chest CT During Recovery From 2019 Novel Coronavirus (COVID-19) Pneumonia. *Radiology*. 2020:200370.
 37. Pan Y, Guan H, Zhou S, et al. Initial CT findings and temporal changes in patients with the novel coronavirus pneumonia (2019-nCoV): a study of 63 patients in Wuhan, China. *Eur Radiol*. 2020.
 38. Shi H, Han X, Jiang N, et al. Radiological findings from 81 patients with COVID-19 pneumonia in Wuhan, China: a descriptive study. *Lancet Infect Dis*. 2020.

-
39. Xu Z, Shi L, Wang Y, et al. Pathological findings of COVID-19 associated with acute respiratory distress syndrome. *Lancet Respir Med*. 2020.
 40. Hui DSC, Zumla A. Severe Acute Respiratory Syndrome: Historical, Epidemiologic, and Clinical Features. *Infect Dis Clin North Am*. 2019;33(4):869-889.
 41. van den Brand JM, Smits SL, Haagmans BL. Pathogenesis of Middle East respiratory syndrome coronavirus. *J Pathol*. 2015;235(2):175-184.
 42. Nassar MS, Bakhrebah MA, Meo SA, Alsuabeyl MS, Zaher WA. Middle East Respiratory Syndrome Coronavirus (MERS-CoV) infection: epidemiology, pathogenesis and clinical characteristics. *Eur Rev Med Pharmacol Sci*. 2018;22(15):4956-4961.
 43. Binnicker MJ. Emergence of a Novel Coronavirus Disease (COVID-19) and the Importance of Diagnostic Testing: Why Partnership between Clinical Laboratories, Public Health Agencies, and Industry Is Essential to Control the Outbreak. *Clin Chem*. 2020.
 44. Corman VM, Landt O, Kaiser M, et al. Detection of 2019 novel coronavirus (2019-nCoV) by real-time RT-PCR. *Euro Surveill*. 2020;25(3).
 45. Zou L, Ruan F, Huang M, et al. SARS-CoV-2 Viral Load in Upper Respiratory Specimens of Infected Patients. *N Engl J Med*. 2020.
 46. Yang Y, Yang M, Shen C, et al. Evaluating the accuracy of different respiratory specimens in the laboratory diagnosis and monitoring the viral shedding of 2019-nCoV infections. 2020:2020.2002.2011.20021493.
 47. Holshue ML, DeBolt C, Lindquist S, et al. First Case of 2019 Novel Coronavirus in the United States. *N Engl J Med*. 2020.
 48. Arabi YM, Mandourah Y, Al-Hameed F, et al. Corticosteroid Therapy for Critically Ill Patients with Middle East Respiratory Syndrome. *Am J Respir Crit Care Med*. 2018;197(6):757-767.
 49. Lansbury L, Rodrigo C, Leonardi-Bee J, Nguyen-Van-Tam J, Lim WS. Corticosteroids as adjunctive therapy in the treatment of influenza. *Cochrane Database Syst Rev*. 2019;2:CD010406.
 50. Stockman LJ, Bellamy R, Garner P. SARS: systematic review of treatment effects. *PLoS Med*. 2006;3(9):e343.
 51. Khamitov RA, Loginova S, Shchukina VN, Borisevich SV, Maksimov VA, Shuster AM. [Antiviral activity of arbidol and its derivatives against the pathogen of severe acute respiratory syndrome in the cell cultures]. *Vopr Virusol*. 2008;53(4):9-13.

-
52. Luo H, Tang QL, Shang YX, et al. Can Chinese Medicine Be Used for Prevention of Corona Virus Disease 2019 (COVID-19)? A Review of Historical Classics, Research Evidence and Current Prevention Programs. *Chin J Integr Med.* 2020.
53. Wang W, Tang J, Wei F. Updated understanding of the outbreak of 2019 novel coronavirus (2019-nCoV) in Wuhan, China. *J Med Virol.* 2020;92(4):441-447.

Table 1 Zoonotic coronaviruses that causes serious disease in human.

Coronavirus	Affected Host	Intermediate Host	Potential Reservoir Host	Disease	Cell receptor	References
SARS-CoV	Humans	Himalayan palm civet / racoon	Bat	SARS	ACE2	22
MERS-CoV	Humans	Dromedary camels	Bat	MERS	DPP4	17
SARS-CoV-2	Humans	NR	NR	COVID-19	ACE2	24

Table 2 Clinical Symptoms associated with COVID-19.

Clinical types	Symptoms
Mild type	nonpneumonia or mild pneumonia
Severe type	dyspnea, respiratory frequency $\geq 30/\text{min}$, blood oxygen saturation $\leq 93\%$, partial pressure of arterial oxygen to fraction of inspired oxygen ratio < 300 , and/or lung infiltrates $>50\%$ within 24 to 48 hours
Critical type	respiratory failure, septic shock, and/or multiple organ dysfunction or failure
