



Cochrane
Library

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SEARCH

GUIDE

1. Type your search terms into the search box(es)

Advanced Search

Please note that the Advanced Search is optimised for English search terms. Certain features, such as search operators and MeSH terms, are only available in English.

Search Search manager Medical terms (MeSH)

Save search View searches Search help

Title Abstract Keyword exercise

OR Title Abstract Keyword exercise therapy

(Word variations have been searched)

Search limits Send to search manager Run search

2. Change to OR for synonyms

3. To perform the search, click Send to search manager

4. The Search manager displays your search history and results. To search for your next keyword, click on the Search tab.

Search Search manager Medical terms (MeSH)

Save this search View saved searches Search help

Print

#1 (exercise):ti,ab,kw OR (exercise therapy):ti,ab,kw S 66641

#2 Manually type a search term here or click on the S (Search Wizard) or MeSH button to compose one S MeSH N/A

5. Enter word(s) and click Send to search manager

Search Search manager Medical terms (MeSH)

Save search View searches Search help

Title Abstract Keyword hiv

Search limits Send to search manager Run search

6. To combine sets, type in the set numbers separated by the word AND. Then click Continue

Search Search manager Medical terms (MeSH)

Save this search View saved searches Search help

Print

#1 (exercise):ti,ab,kw OR (exercise therapy):ti,ab,kw S 66641

#2 (hiv):ti,ab,kw S 19132

#3 #1 and #2 Cancel Continue

7. To add a MeSH term, click the Medical terms (MeSH) tab

Search	Search manager	Medical terms (MeSH)	Save this search	View saved searches	Search help	Print
-	+	#1	(exercise):ti,ab,kw OR (exercise therapy):ti,ab,kw	S		66641
-	+	#2	(hiv):ti,ab,kw	S		19132
-	+	#3	#1 and #2			217
-	+	#4	Manually type a search term here or click on the S (Search Wizard) or MeSH button to compose one	S	MeSH	N/A

8. Type in your term and then click on Look up

Search Search manager Medical terms (MeSH)

Exercise Select subheadings / qualifiers

Look up Clear

View saved searches Search help

9. The definition and MeSH tree for the term are displayed. To select the term for searching, click on Add to Search Manager

Search Search manager Medical terms (MeSH)

Exercise Select subheadings / qualifiers

Look up Clear

View saved searches Search help

Definition

Exercise - Physical activity which is usually regular and done with the intention of improving or maintaining PHYSICAL FITNESS or HEALTH. Contrast with PHYSICAL EXERTION which is concerned largely with the physiologic and metabolic response to energy expenditure.

Thesaurus Matches

Exact Term Match

Exercise

Synonyms: Isometric Exercises; Isometric Exercise; Exercise, Isometric; Exercises, Isometric; Exercises, Physical; Activity, Physical; Physical Exercises; Exercise, Physical; Physical Activity; Exercises; Activities, Physical; Physical Activities; Physical Exercise; Exercises, Acute; Acute Exercises; Acute Exercise; Exercise, Acute; Training, Exercise; Exercise Training; Exercise Trainings; Trainings, Exercise; Exercise, Aerobic; Exercises, Aerobic; Aerobic Exercise; Aerobic Exercises

Phrase Matches

Exercise Tolerance

Synonyms: Tolerance, Exercise

MeSH Trees

MeSH term - **Exercise**

Explode all trees

Single MeSH term (unexploded)

Explode selected trees **Select**

Tree number 1

Musculoskeletal and Neural Physiological Phenomena [+2]

Musculoskeletal Physiological Phenomena [+16]

Movement [+5]

Motor Activity [+6]

Exercise [+9]

Cool-Down Exercise

Gymnastics

Muscle Stretching Exercises

Physical Conditioning, Animal

Physical Conditioning, Human [+4]

Running [+1]

Search Results

There are **20512** results for your search on

- MeSH descriptor: Exercise
- Explode all trees

Add to search manager

Trials	20339
Cochrane Reviews	173

Save search **View results**

10. The Search manager displays the result for the MeSH term. To add another MeSH term, click on the Medical terms (MeSH) tab

Search Search manager **Medical terms (MeSH)** Save this search View saved searches Search help

Term ID	Search Term	MeSH Count
#1	(exercise):ti,ab,kw OR (exercise therapy):ti,ab,kw	66641
#2	(hiv):ti,ab,kw	19132
#3	#1 and #2	217
#4	MeSH descriptor: [Exercise] explode all trees	20512
#5	Manually type a search term here or click on the S (Search Wizard) or MeSH button to compose one	N/A

11. Repeat Steps 8 to 10 to add more MeSH terms

12. Use the Search manager to combine sets as required:

Use the "OR" operator for synonyms (eg see lines #6 and #9) and the "AND" operator for joining concepts together (eg line #10)

Search Search manager **Medical terms (MeSH)** Save this search View saved searches Search help View fewer lines Print

Term ID	Search Term	MeSH Count
#1	(exercise):ti,ab,kw OR (exercise therapy):ti,ab,kw	66641
#2	(hiv):ti,ab,kw	19132
#3	#1 and #2	217
#4	MeSH descriptor: [Exercise] explode all trees	20512
#5	MeSH descriptor: [Exercise Therapy] explode all trees	11106
#6	#4 or #5	26637
#7	MeSH descriptor: [HIV] explode all trees	2879
#8	MeSH descriptor: [HIV Infections] explode all trees	10805
#9	#7 or #8	10929
#10	#6 and #9	70
#11	Manually type a search term here or click on the S (Search Wizard) or MeSH button to compose one	N/A

13. Click on the Results box to see the search results

Filter your results

Date **2** Cochrane Reviews

Publication date

The last 3 months 0

The last 6 months 0

The last 9 months 0

The last year 0

The last 2 years 0

Custom Range: dd/mm/yyyy to dd/mm/yyyy Apply Clear

Cochrane Reviews 2 Cochrane Protocols 0 Trials 68 Editorials 0 Special collections 0 Clinical Answers 0 More

2 Cochrane Reviews matching on "#10 - #6 and #9"
Did you mean: *Rand band hand*

Cochrane Database of Systematic Reviews
Issue 8 of 12, August 2018

Select all (2) Export selected citation(s) Show all previews

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- Progressive resistive exercise interventions for adults living with HIV/AIDS**
Kelly O'Brien, Stephanie Nixon, Richard Glazier, Anne-Marie Tynan
Show Preview Intervention Review 18 October 2004
- Aerobic exercise interventions for adults living with HIV/AIDS**
Kelly O'Brien, Stephanie Nixon, Anne-Marie Tynan, Richard Glazier
Show Preview Intervention Review 4 August 2010 New search